# Lowanna Sports Academy

## **AFL Boys**



The Lowanna College Sports Academy is committed to providing students with the highest quality specialised sports academy, as the only government school-based sporting and academic development program in Gippsland. We are offering students elite coaching, excellent facilities and training during school hours while delivering a complete secondary school curriculum. The academy is currently offered from Years 7 to 12.

#### **Achievements**

#### **AFL Drafted Players**

Sam Flanders 2019- Gold Coast Suns Brock Smith 2019- Brisbane Lions Leo Connolly 2019- St.Kilda Harry Pepper 2019- Hawthorn

#### **AFL Team Achievements**

2018/19 Herald Sun Country Shield State Semi Finalists 2017 Senior Boys SSV Gippsland Champions 2017 Intermediate Boys Gippsland Champions 2015 Intermediate Boys Champions 2014 Year 7 Boys Gippsland Champions

#### Vic Country Under 16s

Leo Connolly 2017 Sam Flanders 2017 (All Australian) Brock Smith 2017

#### **Vic Country Under 18s**

Harry Pepper 2019 Sam Flanders 2018/19 (All Australian 2019) Brock Smith 2018/19 Riley Baldi 2019

#### **Gippsland Power Representatives**

Wade Anderson (2018) Trent Baldi (2018/19) Riley Baldi (2018/19) 2019 Vice Captain Sam Flanders (2017/18/19) Brock Smith (2017/18/19) 2019 Captain Leo Connolly (2018/19) Zac Skinner (2018/19/20) Harry Pepper (2018/19)

#### **Gippsland Power Under 16s**

Brock Smith (2017) Leo Connolly (2017) Zac Skinner (2017) Riley Baldi (2017) Trent Baldi (2017) Lachlan Rock (2018) Luke Summersgill (2019)

# What We Offer

#### **Elite Sports Coaching**

We provide our students with access to the best sporting coaches in Gippsland and National level sporting clubs. We offer elite athlete preparation and expose our students to high level training and skill-based development.

#### **Athletic Development**

Students are provided with individual training programs which maximise skill and strength development, to improve their athletic performance. They are introduced to strategies and tactics for both individual and team performance.

#### **Educational Pathways**

The academic program offered can be integrated into higher performing VCE, VET and VCAL programs. This will provide students with a Certificate III in Sport and Recreation at Years 10 & 11, which opens various pathways through the sport and recreation industry. Educational programs can be modified to suit individual student requirements.

#### **Growth Mindset**

Lowanna College Sports Academy graduates develop a positive attitude to their sporting endeavours. This mindset ensures our students are in the best position to continue to experience success beyond Lowanna.

### **Weekly Program**

2x sport specific skills sessions, 1-2x fitness and conditioning, game simulation, structured theory lessons and guest speakers.

#### **Staff**



#### Allan Chandler HEAD COACH

- Level 2 AFL Accredited Coach
- Gippsland Power Under 16 Coach 2019
- Gippsland Power Under 18
   Assistant coach 2018/19
   Churchill Football Club
- Playing Coach 2014-16 (2014 Premiership)



## Rhett McLennan ASSISTANT COACH

- Head Coach of Gippsland Power FC's NAB League Team
- Level 3 AFL Accredited Coach
- Talent Pathway Coach for Gippsland
- 22 years and 306 games of senior football including 5 years of AFL Reserves and State League football
- 17 years of coaching experience



## Mike Santo ASSISTANT COACH

- Hill End Senior Football coach 2018- current
- Level 1 AFL coach
- Senior Player- 501 goals (137 senior games)
- Numerous Club Leading Goal Kicker awards



## Malcolm Swinley STRENGTH & CONDITIONING

- Bachelor Applied Science
- Lectured Exercise Physiology
- Tennis Australia Club Coach
- Active Coach for 40 years
- Past Administrator VIS Fitness Testing
- International Tennis Experience

In partnership with:



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